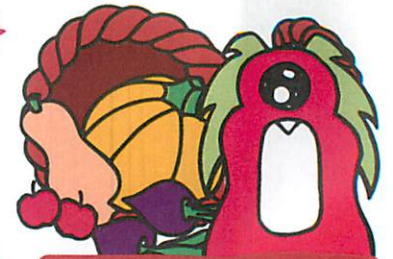


NOVEMBER 2022

GFW Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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	Cheeseburger Macaroni Broccoli Fruit WG Bread 1	Mr. Rib/WG Bun Mashed Potatoes Baked Beans Fruit 2	Tater tot Nachos Green Beans Fruit 3	No School Staff Development Day 4
Pancakes Sausages Carrot Sticks/Tater tots Fruit 7	Hot Dog/WG Bun Baked Beans Coleslaw Salad Fruit 8	Chicken Nuggets Sweet Potato Fries Peas Fruit 9	Quesadilla Lettuce Salad Cucumbers Fruit 10	Cheeseburger Soup Cinnamon Roll Corn & Grape Tomatoes Fruit 11 VETERAN'S DAY
Hot Ham & Cheese WG Bun Cheese Potatoes & Peas Fruit 14	Spaghetti/Meat Sauce Bread Stick Broccoli Fruit 15	Orange Chicker/WG Rice Fresh Broccoli & Cauliflower Fruit 16	Ham Mashed Potatoes-Gravy Corn, WG Dinner Roll Fruit 17	Barbeque /WG Bun Sweet Potato Fries Baked Beans Fruit 18
Corn Dog Baked Beans Coleslaw Salad Fruit 21	Taco/Fixings Mexican Rice Carrots Fruit 22	Sub/WG Bun French Fries Corn Fruit 23	No School THANKSGIVING DAY 24	No School 25
Marinara Sub French Fries Carrots Cooked Fruit 28	Cheeseburger Macaroni Broccoli Fruit WG Bread 29	Mr. Rib/WG Bun Mashed Potatoes Baked Beans Fruit 30		



Variety of Milk is offered each day.
 This institutition is an equeal opportunity employer and provider.
 This menu is subject to change.