

October

2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		01	02	03	04	05
		Beef Nacho Filling Tortilla Chips Lettuce Salad Assorted Fruit	Hamburger Gravy Mashed Potatoes Corn WG Bread Assorted Fruit	Sub Baked Beans Tater Tots Assorted Fruit	Chicken Taco Lettuce Salad Peas Cookie Assorted Fruit	
06	07	08	09	10	11	12
	Hamburger/toppings WG Bun Broccoli Sweet Potato Fries Assorted Fruit	Slow Cooked Chicken Alfredo & Herb Rice Pilaf Garden Salad Cucumber & Dip Assorted Fruit	Barbeque/WG Bun French Fries Steamed Green Beans Assorted Fruit	Mini Corn Dogs Baked Beans Coleslaw Assorted Fruit	French Toast Sticks Turkey Sausage Carrot sticks Assorted Fruit/100% Juice	
13	14	15	16	17	18	19
	Chicken Nachos Nacho Chips & Taco Sauce Lettuce, Cheese Corn Assorted Fruit	Meatballs Mashed Potatoes Dinner Roll Spinach Salad Assorted Fruit	Chicken Chompers Baked Beans Sun Chips Assorted Fruit	No School	No School	
20	21	22	23	24	25	26
	Crispy Chicken Sandwich WG Bun Baby Carrots & Garden Salad Assorted Fruit	Walking Taco Nacho Chips & Taco Sauce Shredded Lettuce & Cheddar Assorted Fruit	Spaghetti/Meat Sauce Broccoli Romaine Lettuce WG Bread Stick Assorted Fruit	Mr. Rib/WG Bun Sweet Potato Fries Steamed Green Beans Assorted Fruit	Bosco Sticks & Marinara Sauce Lettuce Salad Assorted Fruit	
27	28	29	30	31		
	Hot Dog French Fries Baby Carrots & Dip Assorted Fruit	Chicken Enchilada Nacho Refried Beans & Tortilla Chips Shredded Lettuce & Cheddar Assorted Fruit	Mac & Cheese Baby Carrots & Garden Salad Assorted Fruit	Hot Ham/Cheese WG Bun Calico Beans Assorted Chips Assorted Fruit	Pizza Garden Salad Cookie Assorted Fruit	

* Variety of milk is offered with lunch each day

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