

# OCTOBER 2022




## MONDAY


## TUESDAY


## WEDNESDAY


## THURSDAY


## FRIDAY


Marinara Sub  
French Fries   
Carrots Cooked  
Fruit


Cheeseburger Macaroni   
Broccoli  
Fruit  
WG Bread


Mr. Rib/WG Bun   
Mashed Potatoes  
Baked Beans  
Fruit


Beef Nachos   
Salsa  
Green Beans  
Fruit


Chicken Patty/WG Bun   
Sweet Potato Fries  
Lettuce Salad  
Fruit


Pancakes   
Sausages  
Carrot Sticks/Tator tots  
Fruit  
NATIONAL SCHOOL LUNCH WEEK


Hot Dog/WG Bun   
Baked Beans  
Coleslaw Salad  
Fruit  
NATIONAL SCHOOL LUNCH WEEK


Chicken Nuggets   
Sweet Potato Fries  
Peas  
Fruit  
NATIONAL SCHOOL LUNCH WEEK


Quesadilla   
Lettuce Salad  
Cucumbers  
Fruit  
NATIONAL SCHOOL LUNCH WEEK


Tortilla Soup/ WG Crackers   
Cinnamon Roll  
Corn & Grape Tomatoes  
Fruit  
NATIONAL SCHOOL LUNCH WEEK


Hot Ham & Cheese   
WG Bun  
Cheese Potatoes & Peas  
Fruit


Spaghetti/Meat Sauce   
Bread Stick  
Broccoli  
Fruit


Orange Chicker/WG Rice   
Fresh Broccoli &  
Cauliflower  
Fruit


No School 


No School 

Corn Dog   
Baked Beans  
Coleslaw Salad  
Fruit

Taco/Fixings   
Mexican Rice  
Carrots  
Fruit

Sub/WG Bun   
French Fries  
Corn  
Fruit

Meatloaf   
Mashed Potatoes/Gravy  
Green Beans  
Fruit WG Bun

Pizza   
Lettuce Salad  
Fresh Veg./Dip  
Fruit

Hamburger/fixings   
WG Bun  
French Fries/Corn  
Fruit  
HALLOWEEN