

# GFW Community Ed Gymnastics

***Classes for Boys and Girls • Get your kids fit for life!***

***Instructor: Cheryl MacFarlane***

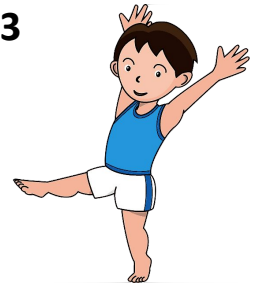
Children will learn a variety of Gymnastics skills in an age appropriate manner. They will do Floor, Vault, Bars, Beam, Trampoline, Rope, Rings and other activities to improve, strength, flexibility, and coordination. Also check out our 25' Air Trak!

## ***FUN! FUN! FUN!***

**Classes will be held in Gibbon in the Elementary School Gym**

**Tuesdays and Thursdays November 10 – December 3 (4 weeks)**

**No class November 26, Thanksgiving, Make Up November 23**



**Cost for the 4 week session:**

- *\$28.00 per student attending once a week*
- *\$40.00 per student attending twice a week*

For more information or to register, e-mail [cherylwmac@yahoo.com](mailto:cherylwmac@yahoo.com) or call Community Ed at 507-207-2204

***Also, join our Facebook page!***

### **Tuesday**

Beginner Boys & Girls 3:30-4:30

Advanced 4:30-5:30

Boys and Girls 3 & 4 years 5:30-6:15

Parent/Tot 6:15-7:00

Intermediate 7:00-8:00

### **Thursday**

Intermediate 3:30-4:30

Boys and Girls 3 & 4 years 4:30-5:15

Beginner Boys & Girls 5:15-6:15

Boys and Girls 3&4 years 6:15-7:00

Advanced 7:00-8:00

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## **Gymnastics Registration form**

Gymnast Name \_\_\_\_\_ Parents Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Class Day, time and level \_\_\_\_\_

***Please bring this form and payment to the first class.***

You can also register by phone at GFW Community Ed 507-834-6822 or e-mail [cherylwmac@yahoo.com](mailto:cherylwmac@yahoo.com)