

# Memorandum

**To:** Minnesota State High School League Superintendents, Principals,  
and Athletic Directors

**From:** Allina Health Orthopedics

**Date:** January 2021

**Re:** \$5,000 in Scholarships Available for Student Athletes

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**Subject: 14th Annual Allina Health Orthopedics Sports Medicine Scholarships**

Allina Health Orthopedics is proud to continue its effort to advance sports medicine and orthopaedic care throughout Minnesota with the 14th Annual Allina Health Orthopedics Sports Medicine scholarship for student athletes. We are excited to continue offering this award as exemplification of our commitment to provide unsurpassed patient care and community education.

Allina Health Orthopedics will be offering two \$2,500 scholarships, which will be awarded annually to one female and one male student athlete who intends to attend college to pursue a career in sports medicine.

You will find additional information and an application form attached. Please distribute the information to anyone you believe will find it relevant. Allina Health Orthopedics is proud to continue their tradition of advancing sports medicine and orthopaedic care throughout Minnesota. We thank you for your assistance in helping us identify outstanding candidates.

Application Deadline: Must be post marked by March 1st, 2021.

If you, any of your student athletes or their families have any further questions regarding the application process, please do not hesitate to contact me by email at [brent.millikin@allina.com](mailto:brent.millikin@allina.com)

**Brent B. Millikin, M.Ed., LAT, ATC**  
*Manager of Sports Medicine, Podiatry and Orthopedic Services*

*Brent B. Millikin*

# 2021 Allina Health Orthopedics Sports Medicine Scholarship

## Scholarship Information

Allina Health Orthopedics is proud to present the 14th annual Allina Health Orthopedics Sports Medicine Scholarship. Two \$2,500.00 scholarships are available and will be awarded to one male and one female graduating high school student athlete who intend to pursue a professional career in sports medicine.

Qualified candidates should demonstrate leadership, be actively involved in their community and interscholastic sports and achieve academic success.

As health care providers and professionals, we are committed to delivering unsurpassed patient care, providing patient education, and are actively engaged in research to benefit the public and the health care community. The recipients of these scholarships should demonstrate similar qualities and interests which will allow them to be successful in the pursuit of a career in sports medicine.

## Allina Health Orthopedics Sports Medicine Scholarship criteria:

1. Graduating high school senior from the state of Minnesota.
2. Planning on attending a four-year college or university within the United States.
3. Involved in an interscholastic sport each of their 4 years in high school.
4. Intending to major in a field related to sports medicine.
5. **Application Deadline: Must be post marked by March 1<sup>st</sup>, 2021.**

## About Allina Health Orthopedics

Allina Health Orthopedics provides sports medicine services to many of the top athletes in Minnesota, serving as the official team physicians for several sports teams in the community including the Minnesota United FC. Our sports medicine surgeons and sports medicine primary care physicians have additional Board Certifications in sports medicine, ensuring you receive the quality care you deserve.

When pain or lack of function prevents you from doing what you enjoy, the orthopedic specialists at **Allina Health Orthopedics** join forces with providers across Allina Health to get you moving again. Orthopedic surgeons, sports medicine physicians, physician assistants, athletic trainers, nurses, physical therapists, primary and urgent care providers, nutrition specialists, holistic care practitioners and more—all working together to help you reach your wellness goals. So whether you want to train for a 10K, pull weeds in the garden or keep up with your busy toddler, you've got an experienced, committed team behind you all the way at **Allina Health Orthopedics**.

Allina Health  
Orthopedics

8100 West 78<sup>th</sup> St.  
Suite 225  
Edina, MN 55439

2800 Chicago Ave.  
Suite 400  
Minneapolis, MN 55407

2805 Campus Drive  
Suite 465  
Plymouth, MN 55411

225 N. Smith Avenue  
Suite 200  
St. Paul, MN 55102

255 Smith Avenue North  
Suite 210  
St. Paul, MN 55102

11850 Blackfoot St. NW  
Suite 450  
Coon Rapids, MN 55433

14655 Galaxie Avenue  
Apple Valley, MN 55124

303 Catlin St.  
Buffalo, MN 55313

701 Dellwood Street South  
Cambridge, MN 55008

14181 Business Center Dr. NW  
Elk River, MN 55330

35 State Avenue  
Faribault, MN 55021

300 5<sup>th</sup> Avenue Northeast  
Isanti, MN 55040

20795 Keokuk Avenue  
Lakeville, MN 55044

7840 Vinewood Ln. N.  
Maple Grove, MN 55369

1400 Jefferson Road  
Northfield, MN 55057

407 W. 66<sup>th</sup> Street  
Richfield, MN 55423

1601 St. Francis Avenue  
Suite 200  
Shakopee, MN 55379

1155 County Road E East  
Suite 100  
Vadnais Heights, MN 55110

8675 Valley Creek Road  
Woodbury, MN 55125

## 2021 Allina Health Orthopedics Sports Medicine Scholarship Application Form

### I. Applicant Information

Name: \_\_\_\_\_

Gender: Male \_\_\_ Female \_\_\_ High School: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Parents' Names: \_\_\_\_\_

Intended College or University: \_\_\_\_\_

Intended Major: \_\_\_\_\_

### II. Additional Application Requirements

1. List of interscholastic sports activities and years involved
2. Description of volunteer activities (school, church, community, etc.)
3. Summarization of leadership roles
4. Special honors or recognitions
5. A description of any relevant work experience
6. Copy of your transcript with current cumulative high school GPA (minimum 3.5 GPA required)
7. A copy of ACT score(s)
8. A one page, single-spaced essay describing how your experience as an interscholastic student athlete will benefit a sports medicine career and the medical community in the future.

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Please send completed application and attachments to:

(Do not staple documents together)

**Must be postmarked by March 1<sup>st</sup>, 2021.**

Brent B. Millikin  
Manager of Sports Medicine, Podiatry and Orthopedic Services  
8100 West 78th Street,  
Suite 225  
Edina, MN 55439